





Virtual Games

ENGAGE ZOOM PARTICIPANTS WITH THESE ICEBREAKERS

- **Raise Your Hand** : In this spin off of our Take A Stand activity, the facilitator of this icebreaker will have a list of statements based on people's experiences, values, or opinions that can either apply to participants or not (e.g., whether you're a fast driver, fan of hockey, etc.). If the statement applies to the participant, he or she will utilize the Raise Hand button of Zoom to raise their hands. Alternatively, you can get participants to simply raise their hands, or even take a stand, if you're on Gallery View on Zoom. This is a great activity to not only break the ice, but to get your team to know a little bit more about one another. Plus, it doesn't hurt that it highlights the Raise Hand feature of Zoom if your team recently started to use the application.
 - **Heads and Shoulders** : In this activity, the facilitator will need to have prepared a series of trivia questions with two possible answers. For example, one such question would be "Does Wayne Gretzky have more regular NHL season goals or assists?" If participants believe the answer is goals, they'd put their hands on their heads, and if they believe the right answer is assists, they'd put their hands on their shoulders. The facilitator would then reveal the correct answer, and those who did not get the right answer will press the Stop Video button on Zoom to temporarily stop sharing their video, indicating that they are out of the round. The last person remaining in the game will be the winner.
 - **Everything From A-Z** : The team will be broken up into multiple smaller teams via the Breakout Rooms feature on Zoom. Once they are in their breakout rooms, participants will have 5 minutes to find items in the room that they are calling in (or, shall we say, Zoom-ing in) from that starts with each letter of the alphabet. They will need one item for each letter, and each item can be used once only. For example, they can use Apple for A, and Book for B. Each team will also select one recorder to write down what each item they have found for each letter. Once their time is up, the facilitator will bring the team back to one call, and the recorders from each team will share what they came up with.
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- **Skribbl.io** : An online version of Pictionary! Super fun and totally free.
 - **Two Truths and a Lie** : This popular ice breaker works in almost any meeting and is a quick way to get people laughing and engaged. In a Zoom setting, simply invite each member to share two true things about themselves and one lie, and invite the group to vote in the chat room on which one is which.
 - **Theme Day** : The day before the meeting, announce a theme. This can be implemented in a virtual background or outfit (ie, a The Office theme where everyone sets their virtual backgrounds, dresses in business clothes, and you start the meeting by playing the theme from The Office).
 - **Just Dance** : This might feel goofy, but it's great exercise and a great ice breaker! Simply pull up a popular Just Dance song on YouTube, encourage people to leave their cameras on, and dance your heart out.
 - **Mindfulness** : Start your meetings off right with a free mindfulness exercise from Headspace. Simply share your computer audio and follow along with the guided meditations.
 - **Daily Standup** : At large corporations like Google, they do daily standups in the mornings. The way this works is simple: separate your team into smaller breakout groups and have everyone answer the following questions: What did I accomplish yesterday? What do I want to accomplish today? What do I need from my team to do this? If your meeting is under 15-20 people, you can also do this as a large group activity, which will give you great insight into the needs of your team!
 - **Shared Playlist** : Create a shared Spotify playlist for your attendees to contribute to and add in their favorite songs. You can have this playlist shuffled and on in the background quietly throughout the meeting.

"Doing the best at this moment puts you in the best place for the next moment."

— Oprah Winfrey

